

Costa Rica Teaching

Teach English and support local community projects whilst fully immersing yourself in the lives and colourful culture of Costa Rica's friendly, welcoming people.

Nestling between its tropical Caribbean and Pacific coasts, Costa Rica is one of the most breathtaking countries in the world. Travel to this tropical paradise and take part in an exciting teaching project that will fully integrate you into the local community and leave you forever in love with the people, landscapes, beaches, rainforests, volcanoes and wildlife that this magical destination has to offer.

Teaching English in local schools will give you a real insight into Costa Rican culture, and in your weekends off you can enjoy trips around the local countryside offering you in a world of adventure sports, tremendous landscapes of natural beauty, great food, lively music and laid-back people.

PROJECT HIGHLIGHTS

- Discover a land of intense beauty and colourful culture
- Earn your TEFL certificate for free if you complete 20 teaching hours
- Help improve the lives of local children and communities

PROJECT REQUIREMENTS

- Up to date CV
- Criminal background check (DBS)

FAST FACTS

Location	Costa Rica
Activities	Help to teach English Get involved in extracurricular activities Support community development activities
Transport	Airport pick-up and transfer to volunteer accommodation
Accommodation	Local hostel

WHAT DOES THE PROJECT DO?

You will be working in a local school offering support to children learning English and supporting them with other aspects of their lives and education. Frontier volunteers work with a local school in Puerto Jimenez which is always in need of assistance from volunteers. This project has recently

taken off and the school staff are extremely keen to develop their English teaching curriculum to increase the positive impact of language education on the community of the region.

WHAT WILL I BE DOING?

Your work schedule will be challenging, varied and sometimes unpredictable but always enjoyable, as you embark on your placement within this local school. There are a range of classroom activities taking place and you will finalise your schedule on arrival based upon local needs and duration of your stay. Whatever your schedule you will engage fully with local children, using your creativity and initiative to assist in the activities of the project

You will benefit in terms of your personal and professional experience and will be encouraged to formulate ideas and develop your teaching skills and techniques. Working with the local teachers you will be working one on one or with small groups, focusing on those children who are behind in their education. You may be asked to help with a variety of essential subjects such as basic maths, English, reading, and you may also be asked to plan your own lessons for your small group. Your level of involvement will obviously depend on the length of your stay as well as your existing skills and qualifications.

There are also extracurricular activities with the volunteers running an after school activities program everyday. This can be playing football, dodgeball, hide and seek and any other games you can come up with. Just use your initiative and get the kids involved! Whatever you decide, you are sure to gain huge satisfaction from inspiring these enthusiastic children, whilst enhancing your own skills and experience significantly.

As well as taking part in teaching and running after-school activities, depending on the length of your visit, you may also have the opportunity to assist in the day-to-day running of classroom activities, help in the school office or get involved in activities in the wider community. The school is always in need of extra funds so any ideas you have for fundraising projects will be greatly appreciated. There are also evening adult English classes given to the local community members that you can get involved in.

This project runs five days a week so you will have weekends off to explore further afield or to relax and enjoy the social life in the clubs, bars and restaurants of Puerto Jimenez.

WHAT HAPPENS WHEN I ARRIVE?

You will be greeted at the local Airport in Puerto Jimenez by a Frontier staff member and walk 15 minutes to the volunteer accommodation. Please arrange to arrive on Sunday afternoon.

There are two airlines which fly to Puerto Jimenez, Sansa and Natureair or if you're up for it there is also a bus service from San Jose to Puerto Jimenez. Your Project Coordinator can give you further information about this bus journey. You may have to organise your own transport back to the airport after you have completed your project depending on your project end date, which is very straight forward and the Project Coordinator can help you with this.

WHERE WILL I BE STAYING?

You will be staying in the volunteer accommodation in Puerto Jimenez close to your school. Your accommodation will be in a shared room and will be basic but clean, tidy and comfortable. If you

prefer you can upgrade to local hostel accommodation for an additional fee of \$50 per week.

WHAT WILL I BE EATING?

Costa Rican food is simple but delicious, with a focus on rice, beans and good quality fruit and vegetables. You will be provided with a food budget for the school week leaving your weekends free for you to enjoy reasonably priced meals in local bars and restaurants around town or trying out street stalls. You can get creative learning how to make gallo pinto, the staple food of the nation, which is fried rice and black beans or other favourites such as crispy tortillas stuffed with delicious cheeses, vegetables and every now and then some diced meat.

On account of the lush nature of Costa Rica's natural habitats, the range of fresh fruit and vegetables is vast and abundant, so make sure you sample some of the fresh market produce. Another thing to try is some Costa Rican coffee, famous the world over and representing the country's biggest export, its fragrant aroma synonymous with the lush plantations found in Central America. And don't forget the rum!

COSTS

1 week	US\$ 510
2 weeks	US\$ 680
3 weeks	US\$ 935
4 weeks	US\$ 1,275
5 weeks	US\$ 1,615
6 weeks	US\$ 1,860
7 weeks	US\$ 2,115
8 weeks	US\$ 2,370
10 weeks	US\$ 2,795
20 weeks	US\$ 4,920
Extra week	US\$ 255
Christmas week	US\$ 255

DEPARTURE DATES

Every Sunday (project starts on Monday)

During school holidays a modified program will run with one to one coaching, educational workshops and extracurricular activities. Please be aware that these dates may be subject to change at short notice.

DURATION

You can join this project for a minimum of 1 week.

CHRISTMAS OFFER

This project is available for the special price of US\$255 per week over the Christmas period. Placements starting on the 23rd or 30th of December 2019 are eligible for this price, subject to availability. Please apply using the orange button below and then tell your volunteer advisor that you wish to take part over Christmas.

During school holidays a modified program will run with one to one coaching, educational workshops and extracurricular activities. Please be aware that these dates may be subject to change at short notice.

The Carate School will be closed between mid-December to the middle of February.

WHAT'S INCLUDED

Before you go

- Pre-departure support & documentation
- Travel and medical advice & documentation
- Advice on visas and equipment
- Discounted medical kit
- Free Frontier T-shirt
- Free Frontier TEFL certification if you complete 20 plus teaching hours
- UK residential briefing weekend including food, accommodation and training (extra cost applies)

In-country

- Accommodation
- Food 5 days a week 2 meals a day
- Airport pick-up (if arriving on Sunday afternoon)
- Ground transfers to the volunteer accommodation takes 20 minutes
- Local orientation and training
- In-country emergency support
- 24-hour international HQ backup

AIRPORT INFORMATION

Nearest airport(s): San Jose Juan Santamaria Apt (SJO), Puerto Jimenez (PJM)

CONTACT INFORMATION

Call us on 020 7613 2422 (UK) / 1 949 336 8178 (US)

Mail us on info@frontier.ac.uk

Check out our social media here:

Project details were correct at the time this document was generated. Price, dates and other details are subject to change. Please see our website for current details for this project.