

Mozambique Village Project

This village project integrates several elements that combine to form a cohesive strategy for enhancing development in this local community in Mozambique.

Mozambique is a nation that evokes images of pristine coastline, beautiful terracotta tiled towns and fascinating culture. However, there is much more to this unique country than being simply an idyllic holiday destination. As well as providing a home for an incredible range of exotic wildlife, Mozambique's cultural heritage is a rich amalgamation of Portuguese, Arab and indigenous African origins and traditions.

Mozambique has had a tumultuous past, with a long civil war, floods and famine each playing their part to cause a variety of social and economic problems. However, since the end of the civil war in 1992 many improvements have been made through the new found political stability. Unfortunately, poverty is still widespread and it is estimated that only 20% of children reach secondary education. Mozambique is a beautiful country filled with optimism about its future, the perfect place to spend some time with its cheerful and resilient people volunteering on our village project.

PROJECT HIGHLIGHTS

- Immerse yourself in Mozambican village life
- Live in rustic accommodation overlooking the Indian Ocean
- Make lifelong friends and return with unforgettable memories

FAST FACTS

Location	Mozambique
Activities	Teaching English Taking part in local health initiatives Improving village infrastructure and facilities Community farming Promoting women's literacy
Transport	Airport pick-up
Accommodation	Volunteer house

WHAT DOES THE PROJECT DO?

The years of civil war, during which it is estimated that a million people died, left a terrible legacy, with thousands of schools, community centres and hospitals destroyed. This coupled with widespread and devastating floods and a period of famine have created a situation where international aid is needed to restore the country to a state of economic stability and growth.

Education is the key to restoring hope to this very special country. Poor children here are in general less likely to be enrolled in school because they often need to work to survive, cannot afford school costs or live far away from the nearest school. Children orphaned and made vulnerable by HIV/AIDS are particularly at risk of missing out on even a basic education. Ensure that the lives of some of these children are enriched by the gift of education by joining this incredibly worthwhile project, which also has a much wider reach within the community. You have the opportunity to be involved in health outreach work and sustainable living initiatives. It really is a chance to improve the lives of people living in poverty in a lasting way.

WHAT WILL I BE DOING?

This village project integrates several elements that combine to form a cohesive strategy for enhancing development in this local community in Mozambique.

At the centre of the village project is the community school. Here you will have the opportunity to teach a wide curriculum in English to the eager students. You can work on lesson plans for maths, science, English, art or sports. The school itself was built by past volunteers and as a result there will be many ways for you to improve facilities and be involved in the day to day running of the school. This could include helping out with the vegetable garden or livestock at the school, which are used to ensure the students get at least one decent meal a day. You are sure to find working on this project an incredibly rewarding experience as the students' confidence grows through your hard work and commitment; this project is providing them with the opportunity to take control of their own futures. If you stay for 4 weeks or longer you may have the opportunity to gain a TEFL qualification.

Other important aspects you could be involved in on the village project are the community outreach initiatives. You may take part in the house to house monitoring and research programme, aimed at improving the quality and life expectancy of everyone in the village. This may see you visiting local people, talking to them about any health related issues and filling out questionnaires. There is also a women's literacy initiative, as there is often a disparity between the level of education received by men and women in Mozambique. It is important to ensure women have equal access to education as they are often responsible for family health. You could help monitor and record living conditions, improve English literacy rates amongst women aged 16+ years and promote positive family health practices.

WHAT HAPPENS WHEN I ARRIVE?

You will be met upon arrival into Inhambane airport by a friendly local staff member and transported to your accommodation, which is roughly a 2 hour drive. Once you have had time to rest the local staff will introduce you to your project and the local area. Your in-country coordinator will be more than happy to help you settle in and acclimatise and you'll feel at home in no time in this friendly, vibrant country.

WHERE WILL I BE STAYING?

You will be staying in a volunteer house nestled in the sand dunes overlooking the Indian Ocean in the south of the country. From your bedroom window you will often be able to spot dolphins playing in the surf, whales (in season), turtles, whale sharks and various game fish. The accommodation is rustic, comfortable and clean and built in a traditional manner. You will be sharing a room with other volunteers and you will have running water, showers and limited electricity. There are hot and cold drinks available throughout the day and it is an ideal place to relax with fellow volunteers.

WHAT WILL I BE EATING?

You will be provided with 3 meals a day and tea and coffee will be available at any time. There is plenty of variety in Mozambican cuisine and you should endeavour to sample as much as possible. Cornmeal, millet, rice and hot stews are mainstays in Mozambique as with much of Africa. However, Mozambique has an interesting fusion of tastes left over from Portuguese colonial rule, particularly in the use of wine. One such dish is matata, clams cooked in port wine with finely chopped peanuts and tender young greens or fruits. A favourite dish of the interior is frango a calrial which means "chicken, the African way", which is chicken rubbed down with piri-piri spices and roasted over charcoals. Caril is the name for curries, which are also served very hot with manga achar, a special mango chutney. Other popular ingredients are peanuts, coconut, cucumber, bananas and seafood. The fish of Mozambique and especially the shellfish, lobster tails, shrimp and prawns, are considered by many to be the most delicious in the world, so that there is plenty to get your taste buds tingling.

COSTS

4 Weeks	US\$ 1,745
Extra week	US\$ 445

DEPARTURE DATES

First Monday of the month

PLEASE CHECK AVAILABILITY BEFORE APPLYING FOR THIS VERY POPULAR PROJECT

DURATION

3 weeks and longer

WHAT'S INCLUDED

Before you go

- Pre-departure support & documentation
- Travel & medical advice & documentation
- Equipment advice
- Discounted medical kit
- Free Frontier t-shirt

In-country

- Food
- Accommodation
- Airport pick-up
- Ground transfers

- Project orientation and training
- in-country emergency support
- 24 hour international HQ backup

CONTACT INFORMATION

Call us on 020 7613 2422 (UK) / 1 949 336 8178 (US)

Mail us on info@frontier.ac.uk

Check out our social media here:

Project details were correct at the time this document was generated. Price, dates and other details are subject to change. Please see our website for current details for this project.