

Venezuela Healthcare

Take part in the medicine and healthcare programme at the local hospital in Santa Elena, observing and assisting the doctors and nurses as they help the local community.

Offering the most varied and striking terrain of almost any South American country, come to gorgeous Venezuela to see the Andes shrouded in snow, the tantalising Caribbean beaches where jungle cascading down to the shore, the indescribable depths of the vast Amazon rainforest, and the eerie beauty of Gran Sabana with its unique flat topped mountains. Experience Latin American fiesta spirit as you dance the night away in one of Venezuela's traditional live music bars, sample outstanding fresh fish as you watch the Caribbean sunset, spot river dolphins, caimans, or even big cats near the Rio Orinoco – all this and more awaits you in this irresistible destination!

PROJECT HIGHLIGHTS

- See some of the most striking terrain in South America
- Vastly increase your knowledge & understanding of medical practice
- Make lifelong friends

PROJECT REQUIREMENTS

- Intermediate level of Spanish
- Healthcare experience is recommended
- A doctor's certificate must be provided
- Resume required

FAST FACTS

Location	Santa Elena, Venezuela
Activities	Observe & assist the doctors & nurses Care for & comfort patients Physiotherapy programme
Transport	Independent travel to project site
Accommodation	Shared accommodation

WHAT WILL I BE DOING?

You will be taking part in the medicine and healthcare program at the local hospital in Santa Elena. You will observe and assist doctors and nurses with their work, and depending on your skills and experience, will be able to give them a hand and possibly carry out your own tasks. You will help

with the general care giving, comfort the patients and become part of the daily routine of a typical Latin American hospital. You might find yourself, for example, watching a caesarean in the operating theatre or working with a doctor on his rounds. You can help out in simple but practical ways, vastly increasing your own knowledge and understanding of medical practice. This project is ideal for those of you applying for medical school and requiring work experience and immersion in a healthcare environment to demonstrate your commitment and suitability.

If you are an existing medical student, you will be able to use the skills and experience that you have already acquired and will be able to broaden your medical experience in the context of medicine in a developing country. Anyone thinking of taking up nursing or midwifery or already training to be a nurse or a midwife is particularly welcome.

There is also a physiotherapy programme which will enable you to help disabled children and adults to lead as normal lives as possible. Rehabilitation is vitally important and whether you have experience or not, working alongside a therapist at the centre for disabled children, you will learn a great deal in a completely different cultural setting.

WHAT HAPPENS WHEN I ARRIVE?

You'll fly into Caracas and travel 22 hours south east to the project site in Santa Elena using local bus services and following the simple and clear instructions provided. You will be met at your destination and shown to your accommodation in the project village. For a small extra cost, we can organise for a representative to meet you at Caracas airport, escort you to the bus station and put you on the right bus.

WHERE WILL I BE STAYING?

You will be living in shared accommodation within the purpose built project village. Part of your time will be spent maintaining the shared house and the village and tasks will be shared amongst all volunteers.

You will have a shared bedroom and bathroom with access to kitchen facilities. Single rooms are also available for a small additional charge.

Within the village there are gardens, a gym, wading pool, hammock terrace, craft wood workshop and a field for games of football and frisbee. There are also fire-pits which volunteers gather round for social evenings under the starlit South American skies.

WHAT WILL I BE EATING?

Snacks and refreshments are provided and you will share the cooking of three meals a day with your fellow volunteers.

Venezuela's cuisine is quite unique and there is nothing else quite like it in the world. Venezuelan food and drink tends to be highly regional. Many of the dishes in Venezuela are based on French, Italian, and Spanish recipes, but have varied over the years to become uniquely Venezuelan.

Fresh fish and shellfish make up many coastal recipes. Tubers such as the potatoes and yucca are quite common in the highlands. Corn, rice and pasta are found everywhere. Many tropical fruits and vegetables make up dishes from Amazon regions. Spices such as cumin are often used as well.

Pabellon is the delicious national dish of Venezuela and consists of rice, black beans and banana covered in stewed and shredded meat. If you fancy a snack, then try an *arepa*. These are made of corn flour, water, and salt and often fried or baked. They can be topped with a number of ingredients such as chicken, ham, cheese, or jam.

COSTS

4 weeks	US\$ 1,895
Extra week	US\$ 545

US\$1,862 for 4 weeks, US\$502 per extra week

DEPARTURE DATES

The project runs throughout the year, starting every Saturday

PLEASE CHECK AVAILABILITY WHEN APPLYING FOR THIS POPULAR PROJECT!

DURATION

Your time on the project will be for a minimum of 1 month, up to a maximum of 6 months

WHAT'S INCLUDED

Before you go

- Pre-departure support
- Travel & medical advice & documentation
- Equipment advice
- Discounted medical kit
- Free Frontier t-shirt

In-country

- Food
- Accommodation
- Local orientation
- Project training
- In-country emergency support
- 24-hour international HQ back-up

AIRPORT INFORMATION

Nearest airport(s): Caracas (CCS)

CONTACT INFORMATION

Call us on 020 7613 2422 (UK) / 1 949 336 8178 (US)

Mail us on info@frontier.ac.uk

Check out our social media here:

Project details were correct at the time this document was generated. Price, dates and other details are subject to change. Please see our website for current details for this project.