

Venezuela Horse Riding

Care for the horses on this programme that provides therapy for children with special needs. A love of horses and taste for adventure are a must!

Offering the most varied and striking terrain of almost any South American country, come to gorgeous Venezuela to see the Andes shrouded in snow, the tantalising Caribbean beaches where jungle cascades down to the shore, the indescribable depths of the endless Amazon rainforest, and the eerie beauty of Gran Sabana with its unique flat topped mountains. Experience Latin American fiesta spirit as you dance the night away in one of Venezuela's traditional live music bars, sample outstanding fresh fish as you watch the Caribbean sunset, spot river dolphins, caimans, or even big cats near the Rio Orinoco – all this and more awaits you in this irresistible destination!

PROJECT HIGHLIGHTS

- See some of the most striking terrain in South America
- Bring joy & laughter to the children you work with
- Make lifelong friends

FAST FACTS

Location	Santa Elena, Venezuela
Activities	Caring for & feeding the horses Maintenance work Looking after the equipment Therapeutic work with the children
Transport	Independent travel to project site
Accommodation	Shared accommodation

WHAT WILL I BE DOING?

Anyone with an interest in horses or children will particularly enjoy this project as you will be working with horses to provide therapy for children with special needs. You do not need any prior experience as training will be given by the staff horse therapist.

Daily duties will include the care and feeding of the horses and maintenance of the paddock, arena and field shelter as well as looking after the saddlery and equipment. You will be assisting with the children's therapeutic riding lessons as a side walker or even a horse leader, and keeping records of their progress.

WHAT HAPPENS WHEN I ARRIVE?

You'll fly into Caracas and travel 22 hours southeast to the project site in Santa Elena using local bus services and following the clear and simple instructions provided. You will be met at the bus station in Santa Elena and shown to your accommodation in the project village. For a small extra cost, we may be able to organise for a representative to meet you at Caracas airport, escort you to the bus station and put you on the right bus.

WHERE WILL I BE STAYING?

You will be living in shared accommodation within the purpose built project village. Part of your time will be spent maintaining the shared house and the village and tasks will be shared amongst all volunteers.

You will have a shared bedroom and bathroom with access to kitchen facilities. Single rooms are also available at an additional charge.

Within the village there are gardens, wading pool, hammock terrace, craft wood workshop and a field for games of football and frisbee. There are also fire-pits which volunteers gather round for social evenings under the starlit South American skies.

WHAT WILL I BE EATING?

Snacks and refreshments are provided and you will share the cooking of three meals a day with your fellow volunteers.

Venezuela's cuisine is quite unique and there is nothing else quite like it in the world. Venezuelan food and drink tends to be highly regional. Many of the dishes in Venezuela are based on French, Italian, and Spanish recipes, but have evolved over the years to become uniquely Venezuelan.

Fresh fish and shellfish make up many coastal recipes. Tubers such as potatoes and yucca are quite common in the highlands. Corn, rice and pasta are found everywhere. Many tropical fruits and vegetables make up dishes from Amazon regions. Spices such as cumin are often used as well.

Pabellon is the delicious national dish of Venezuela and consists of rice, black beans and banana covered in stewed and shredded meat. If you fancy a snack, then try an *arepa*. These are made of corn flour, water, and salt and often fried or baked. They can be topped with a number of ingredients such as chicken, ham, cheese, or jam.

COSTS

4 weeks	US\$ 1,895
Extra weeks	US\$ 545

DEPARTURE DATES

Monthly, please arrive on the first Monday; contact us for other start dates

PLEASE CHECK AVAILABILITY WHEN APPLYING FOR THIS POPULAR PROJECT!

DURATION

Your time on the project will be for a minimum of 1 month, up to a maximum of 6 months

WHAT'S INCLUDED

Before you go

- Pre-departure support
- Travel & medical advice & documentation
- Equipment advice
- Discounted medical kit
- Free Frontier t-shirt

In-country

- Food
- Accommodation
- Local orientation
- Project training
- In-country emergency support
- 24-hour international HQ back-up

AIRPORT INFORMATION

Nearest airport(s): Caracas (CCS)

CONTACT INFORMATION

Call us on 020 7613 2422 (UK) / 1 949 336 8178 (US)

Mail us on info@frontier.ac.uk

Check out our social media here:

Project details were correct at the time this document was generated. Price, dates and other details are subject to change. Please see our website for current details for this project.