

# Peru Machu Picchu Adventure

*For nearly a century Machu Picchu has intrigued archaeologists and visitors alike. Make the pilgrimage the easy way to enjoy the breathtaking views from the city in the sky.*

Venture into a land of lost cities, rising through the mountain mists like ghosts. The Inca Trail is the most famous trek in South America and the highlight of any trip to Peru. The highlight of the trail is when it passes through the spectacular Incan ruins of Machu Picchu. Feel the spine tingling and magical atmosphere that pervades the very air around the ancient Incan city, one of the new Seven Wonders of the World and a designated UNESCO Natural and Cultural World Heritage site.

For nearly a century Machu Picchu has intrigued archaeologists and visitors alike. Perched atop a steep, emerald green peak 8,000 feet high in the Andes in southern Peru, this ancient ruined city was built in roughly AD1400 and was home to Incan emperors for over 100 years before it was abandoned for pastures new. Make the pilgrimage the easy way to discover this wonderous site and enjoy the breathtaking views from the city in the sky.

## PROJECT HIGHLIGHTS

- See one of man's most astounding achievements
- Challenge yourself on an awe inspiring trek
- Make lifelong friends and forge incredible memories
- This is a Frontier Connect project!

## PROJECT REQUIREMENTS

- Minimum age of 17 years

## FAST FACTS

<b>Location</b>	Inca Trail, Peru
<b>Activities</b>	Visit the lost city of Machu Picchu Revel in Peru's natural beauty Learn about the empire of the Incas
<b>Transport</b>	All transfers
<b>Accommodation</b>	Hostel

## WHAT DOES THE PROJECT DO?

Experience the delights of the ancient world of the Incas and the archaeological remains left behind.

Take the train from Cusco and be left speechless by the beautiful natural scenery surrounding you as the train winds its way up valleys and through the cloud forest to the town of Aguas Calientes. The town is famous for two reasons, its hot springs and as the gateway to the majestic Inca citadel of Machu Picchu.

You will have the chance to see the sunrise over this ancient city and be taken on a guided tour of the most important Incan archaeological sites in Machu Picchu, giving you the chance to learn more about this fascinating civilisation.

## **WHAT WILL I BE DOING?**

### **Day 1: Cusco to Aguas Calientes**

It's straight in from the word go! Day one starts with a guided tour of the Sacred Valley of the Incas and a hike around the archaeological Pisac Ruins site before stopping at the Market in Pisac to admire the picture perfect scenery of the fertile Andean lands and to experience ancestral customs and traditions displayed by the locals. You will then get to enjoy the magical ambiance in the Valley of Urubamba and Yucay Town all before lunchtime! After a lunch break in Urubamba town, you will continue on to explore the impressive temples and edifications of Ollantaytambo, the living Inca village. In the late afternoon it's time to board the train to Aguas Calientes. Once onboard you can sit back and enjoy the ride with breathtaking views of steep sided valleys, often dramatically terraced by the Incas for farming, snow capped mountains, sub-tropical jungle and from Pachar onwards, the sacred Vilcanota river. After being transferred to your accommodation in Aguas Calientes, there will be dinner and a short briefing offered by your guide for your Machu Picchu's visit the following morning.

### **Day 2: Machu Picchu and return to Aguas Calientes**

It's an early start on day two as you jump on the bus to get to Machu Picchu in time to see the sun rise. Machu Picchu is huge so you will spend most of the morning on a guided tour with an expert guide exploring this magnificent citadel taking in all the significant archaeological sites and the awe inspiring views. After your informative guided tour you will have plenty of free time for more exploration. You could go on one of the many short hikes surrounding Machu Picchu. Walk to Intipunku (the Sun Gate) where the famous Inca Trail ends, visit the Inca Bridge, or climb Huayna Picchu (the young mountain) for outstanding views back down to the ruined city. Your guide will advise you of where and when to meet to walk back down to Aguas Calientes for your second night. At Puente Ruinas Bridge there may be time visit a small museum dedicated to Machu Picchu and discover the Orchid Garden. There will be time to unwind after a big day with the option of relaxing your muscles by visiting the Hot Springs that give Aguas Calientes its name.

### **Day 3: Aguas Calientes to Cusco**

Day three is much more relaxed after a busy two days. After a more civilised breakfast time, you will get the train back to Ollantayambo. Many people love to have another look around as it is such a lovely town. You may wish to enjoy lunch there before taking the bus back to Cusco in the afternoon.

## **WHAT HAPPENS WHEN I ARRIVE?**

The tour begins when you are picked up from your accommodation in Cusco early on day one.

## WHERE WILL I BE STAYING?

You will be staying in a comfortable hostel in Aguas Calientes and rooms are based on two people sharing an ensuite room.

## WHAT WILL I BE EATING?

You will be provided with dinner on day one, breakfast, packed lunch and dinner on day two and breakfast on day three. A combination of international and Peruvian cuisine will be served and there will be plenty of opportunities for you to try some of the local delicacies. Peruvian cuisine typically consists of rice, beans and potatoes served with meat, local specialities include llama and guinea pig!

## COSTS

Project fee	US\$ 445
Registration fee	US\$ 295

## Dates and Costs

Daily departures

## Duration

3 days/ 2 nights

## AIRPORT INFORMATION

Nearest airport(s): Cuzco (CUZ)

## CONTACT INFORMATION

Call us on 020 7613 2422 (UK) / 1 949 336 8178 (US)

Mail us on [info@frontier.ac.uk](mailto:info@frontier.ac.uk)

Check out our social media here:

*Project details were correct at the time this document was generated. Price, dates and other details are subject to change. Please see our website for current details for this project.*